

Taekwondo USCDKA Training Log

MONTHLY TRACKING CHART for the year of _____

Directions: Place an X in the appropriate square for each class attended then record the total number of classes for the month in the total column. Total attendance for each month at the bottom.

[Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
1												
2												
3												
4												
5												
6												
7												
8												
9												
10												
11												
12												
13												
14												
15												
16												
17												
18												
19												
20												
21												
22 23												
23												
24												
25												
26												
27												
28												
29												
30												
31												
tals:												