

# The Heart of Chung Do Kwan

**Weekend Seminar: May 2-4, 2013**



Master Dean Siminoff will be visiting our school—for those of you who are new, Master Siminoff is one of Mr. Voysey's instructors. He holds a 5th degree black belt with the World Tae Kwon Do federation, is a Master Instructor and founder of Kootenay Christian Martial Arts.

**IT IS IMPORTANT THAT YOU GET YOUR REGISTRATION FORM IN BY APRIL 22, 2013.**  
 If there is an issue with the fee or you can't pay right away, just see Mr. or Mrs. Voysey.  
*All students are encouraged to support and attend these seminars!*



<b>Thursday – May 2</b>	<b>Orange belts &amp; above: From Basic to Advanced Freestyle Sparring</b>	<b>6–7:30 PM</b>
<b>Friday – May 3</b>	<b>Regular classes taught by Master Siminoff</b>	<b>4-5 PM 6–8 PM</b>
<b>Saturday – May 4</b>	<b>Chung Do Kids with Master Siminoff</b>  <b>GENERAL SEMINAR – ALL STUDENTS – ALL AGES</b> <b>The History of Chung Do Kwan</b> <b>Basic Fundamentals</b> <b>Poomse – Stressing Power Points</b> <b>Three Important Principles of Breaking</b>  <b>BBQ – all students and families welcome!</b>	<b>9–11 AM</b>  <b>11:30–4 PM</b>  <b>5:30 PM</b>

NAME \_\_\_\_\_ AGE \_\_\_\_\_ RANK \_\_\_\_\_

ATTENDING \_\_\_\_\_ AMOUNT PAID \_\_\_\_\_

**FOR INFORMATION OR QUESTIONS**  
 Contact Mr. Voysey at 306.741.4654 OR [gary@christianvictory.ca](mailto:gary@christianvictory.ca)

Participant's Signature: \_\_\_\_\_

Parent signature (if under 18) \_\_\_\_\_

- CHUNG DO KIDS ONLY \$25**
- GENERAL SEMINAR ONLY \$40**
- FREESTYLE SPARRING ONLY \$10**
- ALL SEMINARS \$50**

- YES! I am coming to the BBQ and am bringing \_\_\_ people with me.**
- NO, I can't make the BBQ.**

*Families of 3 or more will receive a discount of 10% for each family member.*